

Table 1. Mean values of the variables measured during the 60-min test

	Mean ± SD
Age (years)	27.8 ± 1.9
Height (cm)	178.5 ± 6.5
Weight (kg)	75.5 ± 10.5
VO _{2max} (l·min ⁻¹)	3.8 ± 0.4
VO ₂ at rest (l·min ⁻¹)	1.8 ± 0.2
VO ₂ at 30 min (l·min ⁻¹)	2.8 ± 0.3
VO ₂ at 60 min (l·min ⁻¹)	2.5 ± 0.2
HR at rest (beats·min ⁻¹)	72 ± 8
HR at 30 min (beats·min ⁻¹)	155 ± 12
HR at 60 min (beats·min ⁻¹)	148 ± 10
RPE at 30 min	15.5 ± 1.5
RPE at 60 min	14.5 ± 1.5
Time to exhaustion (min)	60 ± 5

CORRESPONDENCE INFORMATION

APPLICATION INFORMATION

REPRESENTATIVE INFORMATION

```
Registration Number One:: 38285
Registration Number Two:: 35483
Registration Number Three:: 45285
Registration Number Four:: 27997
Registration Number Five:: 32815
```

CONTINUITY INFORMATION

This application is a:: DIVISION OF
> Application One:: 09/311,067
Filing Date:: 05-13-1999

Which is a:: DIVISION OF
>> Application Two:: 08/966,975
Filing Date:: 11-10-1997
Patent Number:: 5,945,711

Which is a:: DIVISION OF
>>> Application Three:: 08/313,910
Filing Date:: 09-28-1994
Patent Number:: 5,719,065

PRIOR FOREIGN APPLICATIONS

Foreign Application One:: 5-269780
Filing Date:: 10-01-1993
Country:: Japan
Priority Claimed:: Yes
Foreign Application Two:: 6-191020
Filing Date:: 07-21-1994
Country:: Japan
Priority Claimed:: Yes

Source:: PrintEFS Version 1.0.1

10082200T
092221
T 092221